



HUMAN NATuRE INITIATIVE™

Elevated by Nature - Created to Nurture

body | mind | spirit



**BUILDING A STRONGER COMMUNITY
STARTS WITH STRENGTHENING THE
CORE OF ALL ITS INHABITANTS**



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Have you noticed that many people are looking to find more happiness, peace, love and connection?

People are feeling more and more removed from an authentic connection with Nature, Self and Society.



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Life's busy schedules keep us
from truly connecting.

Learning about
new skills, mindsets
and practices
provide an
opportunity to
explore what we
truly value, while
engaged in
modern day life.



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People are seeking to create and leave an IMPACTFUL LEGACY; to serve and protect our natural environment and to grow our human capacity to affect the world with greater love through improved self awareness.



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THE IDEA



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This collaboration provides a menu of wellness programs which include mental health, physical health, nutrition, self-awareness and strategies which integrate to allow a shift in living that is sustainable.

Participants can select guided or self-directed programs and experiences to improve their wellbeing allowing them to begin shifting away from their disconnect and toward a deep connectedness of **Self, Society, and Spirit**.



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THE PLACE



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GROW TOGETHER FOR WELL-BEING ***AN URBAN OASIS***

Having a Center for Wellbeing as a gathering place for community, culture and learning provides the support that's been lacking in our city. It will operate with agility as a sustainable enterprise for the greater good, that runs multi-revenue streams and partnerships to ensure the center becomes and remains an impactful, proactive collaborative community hub and landmark.



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THE WORK



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LIFE LONG LEARNING & PRACTICING PROGRAMS :

- Meditation / Mindfulness
- Equity, Diversity & Inclusion
- Emotional Intelligence
- Social Skills
- Leadership Development
- Team Building
- Personal / Group Coaching
- Conscious Entertainment
- Fitness & Recreation
- Nature Camps
- Nature & Art Therapy
- Gardening
- Nutrition
- Creative Self-Expression
- Proactive Gatherings





WELL-BEING COACHING



MINDFUL LEADERSHIP PROGRAMS



NATURE APPRECIATION



NUTRITION

THE FUTURE AWAITS



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VALUES STATEMENT

I believe:

that all people should be valued and appreciated;
that every person is a treasure worthy of dignity & respect;
that diversity in humans is a strength;
that I will see the beauty within each individual.

I realize:

that people have different abilities, appearances, beliefs, ethnicities, experiences and identities, and I realize that the world is a better place because of these differences.

I pledge:

to keep a curious and creative open mind;
to show compassion and forgiveness to myself, and to everyone;
to be courageous and vulnerable;
to LOVE;
to LEAD;
to PLAY.





LoveLeadPlay.com